

# We want to start providing teacher trainings and have our yoga school/training accredited via yoga alliance. I heard this is a difficult process which may take years for some. Does anyone have experience or could provide help with the process?

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Former Psychologist at Key West, FL (2019–2022) · Nov 21

Navigating the Yoga Alliance accreditation process can indeed be complex, involving various requirements and documentation. It's advisable to connect with individuals or organizations that have successfully gone through the process. Reach out to yoga schools that are already accredited by Yoga Alliance, attend networking events, or join online forums and communities related to yoga teacher training.

Additionally, contacting Yoga Alliance directly or exploring their official website for resources, guidelines, and support can be beneficial. They often provide detailed information on the accredita... (more)

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Related **How long does it take to complete a Yoga Alliance teacher training in order to become certified as an instructor?**

It actually depends on the school you're enrolling to. There are ondemand courses. I prefer on demand because I have a full time job and learning at my own pace is super convenient.

I took mine from ShareLove.Fund, super detailed & they are YA accredited. :) Let me know if you have Qsz

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I did it over roughly a five month span last winter, I turned 60 in March. You can do it if you put your mind to it, if I can help let me know.

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RYT200 in Hatha Yoga, Registered Yoga Teachers (RYT) (Graduated 2016) · 1y

Related **How can one become a certified teacher of Hatha Yoga, and approximately how long does the process take?**

Let me share the approach that encourages discipline, sincerity and commitment as a basis towards becoming a Certified Yoga Teacher.

Yoga Teaching is all about being in service of humanity - to heal the body, calm the mind, raise the spirits and inspire ourselves to be a better version of ourselves. Just to clarify service doesn't mean free.

Being in this heritage is equally about a sincere lifelong... (more)

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Related **Anyone over 50 years old ever started Yoga teacher Training?**

YES! All the time.

I teach with the Living Yoga Program, a 200 hour yoga teacher training school approved by the Yoga Alliance. We regularly have new teachers graduating that are 50, 60 and 70 years old. Many have enjoyed successful careers and are not ready to retire. Some take the training to deepen their own practice, others to share with friends and family. Some learn yoga in order to share with grand children and help them get a great start on life. Others take the training on the way towards opening their own studio. One of our graduates wanted to learn how to teach chair yoga in order to... (more)

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